

How to create a psychological profile

— *with* —

ASTROLOGY

I'm going to show you how to...

- Define the temperament
- Find out which qualities need improvement
- Assess what has the biggest impact – will, desires or mind

Why did I chose this approach

- It's a concept you can learn and apply really fast
- It's so important and fundamental - this is the first thing I teach in my advanced Astrology training
- This is the first thing I do when I make a thorough birth chart analysis

Step 1 - Calculations

What information do you need

- Birth details – date, time and place of birth
- If you don't know the time of birth use 7 am
(or the time of the sunrise)

Software

- Go to marstars.net/calculator

Step 2 – Analysis

	F	E	A	W
C	2		1	1
F	1	2		
M			2	1

F – Fire **E** – Earth **A** – Air **W** – Water

C – Cardinal

F – Fixed

M – Mutable

Signs – Elements - Modalities

- Fire – Aries, Leo and Sagittarius
- Earth – Taurus, Virgo and Capricorn
- Air – Gemini, Libra and Aquarius
- Water – Cancer, Scorpio and Pisces

- Cardinal – Aries, Cancer, Libra and Capricorn
- Fixed – Taurus, Leo, Scorpio and Aquarius
- Mutable – Gemini, Virgo, Sagittarius and Pisces

Count

- Dominant element(s) – highest number
- Lack of element – 1 or no planets
- Dominant modality – highest number

	F	E	A	W
C	2		1	1
F	1	2		
M	1		2	

Step 3 - Interpretation

- The best element?
- The best modality?
- The best chart...?

Dominant element

- Defines the temperament
- Affects the personal behavior, needs, values, motivation, attachments and flaws

Fire element

Choleric temperament

Positive characteristics:

- Strong individuality
- Desire to take action and be independent
- Enthusiasm
- Self confidence
- Desire to lead and control

	F	E	A	W
C	2		1	1
F	1	2		
M	1		2	

Fire element

Choleric temperament

Possible challenges

- Egocentrism
- Impatience
- Anger issues
- Lack of compromise
- Can lose interest fast

	F	E	A	W
C	2		1	1
F	1	2		
M	1		2	

Earth element

Melancholic temperament

Positive characteristics:

- Practical and organized
- Hard working
- Patient and disciplined
- Consistent and able to finish what they start

	F	E	A	W
C		2	1	1
F	1	2		
M	1		2	

Earth element

Melancholic temperament

Possible challenges

- Too conservative and cautious
- Suspicious
- Stubborn and rigid
- Inert
- Predisposed to depression

	F	E	A	W
C		2	1	1
F	1	2		
M	1		2	

Air element

Sanguine temperament

Positive characteristics:

- Positive and optimistic attitude
- Switches easily between different activities
- Ability to make connections
- Open minded
- Values communication and friendship

	F	E	A	W
C			1	1
F	1	2	2	
M	1		2	

Air element

Sanguine temperament

Possible challenges

- Lack of consistency and focus
- Can be superficial
- Predisposed to anxiety

	F	E	A	W
C			1	1
F	1	2	2	
M	1		2	

Water element

Phlegmatic temperament

Positive characteristics

- Very sensitive and emotional
- Empathetic and compassionate
- Rich imagination
- Great intuition
- Good adaptation and plasticity

	F	E	A	W
C			1	1
F		2		3
M	1		2	

Water element

Phlegmatic temperament

Possible challenges

- Lives in her own fantasy world
- Emotional instability
- Can be too passive
- Victim mentality
- Predisposed to irrational fears

	F	E	A	W
C			1	1
F		2		3
M	1		2	

Lack of element

1 or no planets in particular element

	F	E	A	W
C			1	1
F		2		3
M	1		2	

Lack of Fire element

- Less joy and optimism
- Confidence issues
- Lack of ambition and leader skills

	F	E	A	W
C			1	1
F		2		3
M	1		2	

Lack of Earth element

- Difficulties with finishing things
- Not grounded
- Poor connection with reality
- Desire to escape responsibilities
- Lack of stability, organization and structure

	F	E	A	W
C	2		1	1
F				3
M	1		2	

Lack of Air element

- Poor communicative skills
- Lack of objectiveness
- Doesn't tolerate empty talks
- Lack of "lightness" – they take everything very seriously

	F	E	A	W
C		1	1	1
F	1	2		3
M	1			

Lack of Water element

- Lack of empathy
- Difficult emotional connection
- Challenges with expressing emotions
- Afraid of strong emotions and drama

	F	E	A	W
C		1	1	
F	3	2		
M	1		2	

Which is the dominant modality

	F	E	A	W
C			1	1
F		2		3
M	1		2	

Dominant Cardinal modality

	F	E	A	W
C		2	1	1
F				3
M	1		2	

- The personal will dominates
- Brings the impulse
- They are active in their own way

Dominant Fixed modality

	F	E	A	W
C			1	1
F		2		3
M	1		2	

- The personal desires dominate
- Those people are highly motivated by what they want
- They don't necessarily enjoy changes

Dominant Mutable modality

	F	E	A	W
C		2	1	1
F				1
M	1		2	2

- The mind dominates
- The person can be more flexible, but also inconsistent
- Strong reactions to the environment

What else can you do with Astrology

- Thorough life analysis
- Define the strong qualities, gifts and talents
- Find problematic areas
- Discover psychological blockages



Thank you for watching!

- For more free astrology lessons go to marstars.net/tutorials
- For an in-depth astrology training sign up for the waitlist at marstars.net/marstars-astrology-academy